

**2017 Pangos Fundamentals First Camp  
@ Westminster HS (Westminster CA)**

**Camp Schedule**

**Saturday August 26, 2017**

9:00am-10:00am	Camp Registration and Check-in
10:00am-10:20am	Camp announcements and opening remarks
10:20am-10:30am	Stretching/Warm-up drills
10:30am-1:00pm	Skills Session I – Dave Miller
1:00pm-2:00pm	Lunch Break
2:00pm-5:00pm	Skills Session II – Dave Miller
5:00pm-6:00pm	Lunch Break
6:00pm-7:30pm	Skills Session III – Dave Miller
7:30pm-8:30pm	Camp Games

**Sunday August 27, 2017**

10:00am-10:15am	Stretching/warm-up
10:15am-12:30pm	Skills Session IV – Dave Miller
12:30pm-1:30pm	Lunch Break
1:30pm-3:30pm	Skills Session V – Dave Miller
3:30pm-4:30pm	Camp Games
4:30pm-5:00pm	Final Remarks

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