

2020 Pangos Best of Utah League Game Rules

League GAME PLAYING RULES

1. All games will be played in two (2) twenty (20) minute halves – running time with exception of the last minute of 2nd half which will be stop-clock.
2. Teams will be allowed to call two (2) full timeouts and one (1) thirty-second timeout during the regulation game.
3. 1st Overtime period will be 1 minutes. All subsequent OT periods will be “sudden death” – 1st team that scores wins.
4. There will be a two (2) minute rest period between halves.
5. No player will be disqualified.
6. Teams will shoot bonus (1 plus 1) after the 10th team foul. There will be NO double-bonus in any game.
7. Substitution breaks will occur every 5 minutes. All players must play a minimum of half of each game.