

**2008 Fullcourt Press Lead Guard Camp
@ Cabrillo HS (Long Beach CA)
2001 Santa Fe Avenue, Long Beach CA 90810**

Camp Schedule*

Camp schedule is tentative and subject to change

Tuesday August 26, 2008

12:00pm-1:00pm	Camp Registration and Check-in
1:00pm-1:20pm	Camp announcements and opening remarks
1:20pm-1:30pm	Stretching/Warm-up drills
1:30pm-2:10pm	Ballhandling/Dribbling Drills
2:10pm-2:30pm	Transition Drills
2:30pm-3:00pm	Passing Drills
3:00pm-4:00pm	Defensive Instruction/ Fullcourt Defensive Drills
4:00pm-5:00pm	Dinner Break
5:00pm-5:45pm	Shooting The Basketball
5:45pm-6:30pm	Camp Games

Wednesday August 27, 2008

1:00pm-1:15pm	Stretching/Warm-up drills
1:15pm-2:00pm	Ballhandling/Dribbling Drills
2:00pm-3:00pm	Offensive Fundamentals/Mentality
3:00pm-4:00pm	Offensive Skill Development
4:00pm-5:00pm	Dinner Break
5:00pm-5:45pm	Special Topics
5:45pm-6:30pm	Camp Games
6:30pm-6:45pm	Final Remarks

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